

# Resources for Olmsted Families, 4

Below you will find lots of resources for you to share with your children in this time of COVID-19/Coronavirus. We will continue to send these out and post to the olmstedatkensington.com website each week.

#### **COVID-19 General Resources**

Resources around school closures, crisis response strategies, guidelines for talking with children and COVID-19 FAQs.

- Coronavirus CDC Resources
- Managing Stress and Anxiety When Navigating a Health Crisis (CDC)
- <u>Talking to Children about COVID-19</u> (NASP/NSNA Fact Sheet) (National Association of School Psychologists)

## Physical Education and Well Being Resources

- The New York Times on Mindfulness for Kids
- Rising New York Road Runners- is designed to develop movement skills in kids of all ages and abilities.

### Literacy, Math, Science, and Social Studies Resources

- Erie County Public Library Free Electronic Resources
- College Board AP YouTube Channel- Free Course Material Daily
- Rosetta Stone- Free now for students for 3 months
- HippoCampus- Thousands of free videos on all content areas.

#### How to access Lexia PowerUp, myON, and Moby Max

- 1. Go to BPS Student Resources link
- 2. Click on Clever and sign in using your 900# and password.
- 3. Click on the icon for the program you want to enter.

#### How to Upload Assignments to Schoology

• This **LINK** shows how to upload assignments in Schoology from a variety of devices.